

Dear Parents/Guardians,

As your child/ren have been playing with friends, going to sleepovers, traveling and going to camps, they may have been exposed to someone with lice. The lifecycle of a louse is about 30 days from initial contact. It can take several weeks for the evidence of lice to be noticeable. *BEFORE SCHOOL STARTS*, please check all of your children.

Thank you,

Heather Makris BSN RN NCSN

PLEASE TAKE THESE PRECAUTIONS:

1. Check your child's hair for eggs (also called nits). Using bright daylight is a terrific help.
2. If you suspect your child has head lice, ask your health care provider to diagnose the problem and recommend appropriate treatment.

Our Health and Nursing Services site on the school website has more INFORMATION ABOUT HEAD LICE.

Please remember to get the **Asthma Action Plans, Emergency Health Care Plans (for epinephrine use) and Seizure Action Plans** completed by your physician. These forms are under the Health and Nursing on Conant's Family section of the webpage or the link below for the district site. They are found under printable forms. Please remember that you must also sign all forms. Benadryl is not given on field trips. So during a field trip if an allergic reaction occurs to a child with an epinephrine auto-injector, the epinephrine will be given and 911 called.

For other prescription medications, you need to complete the medication permission form, the physician and yourself need to sign this as well.

Feel free to contact Margita or me to answer your questions. I will be in the office the 26th and 27th. I will also be here on Tuesday September 7th if you would like to drop off medications and orders. Let me know if dropping off the medication is difficult during school hours.

I hope you enjoy the last bit of summer!

Sincerely,
Heather and Margita your Conant School Nurses